

**“I’ve got Joy like a fountain, I’ve got Joy like a fountain. I’ve got Joy like a fountain in my soul!”**

Perhaps you are familiar with this song? And if not, have a listen! There are actions to go along with it too:

<https://youtu.be/d6085sLXCMs>

Here are some activities to help you connect with Joy in the form of a fountain:

- 1) Draw the most joyful fountain you can imagine. See the colouring page below if you would like some inspiration.
- 2) Make a simple fountain of your own. Here are some instructions:  
<https://lynnaeallred.com/diy-waterfall/>
- 3) Go find a fountain or waterfall and watch it for a while. Is it flowing and energetic? Splashing and playful? Calming and beautiful? Does it look joyful to you? Do you have this same joy living in your soul?



# Joy Like a Fountain

