



A regional Lenten offering...

The Beauty of *Shabbat*



Do you long for "Sabbath time" in your own life? Come hear Rabbi Susan Shamash discuss the beauty of the Jewish *Shabbat*, and consider how you might bring such gifts into your own spiritual practice. All are welcome!

Wanting a hands-on exploration of what the Sabbath could mean to you? You may also be interested in our Lenten workshop series: 7pm Mondays, March 11 through April 8 at St. Clement's Church.

Preregistration required. **Info:** www.stclementschurch.ca

Rabbi Susan Shamash: *The Beauty of Shabbat*
Monday, March 18 at 7pm - \$10 donation requested

(Bring a friend and they get in free!)

St. Clement's Anglican Church, 3400 Institute Rd., Lynn Valley